## Law Day

Wednesday, May 1, 2013

## Have an Advanced Directive Prepared at No Cost!

Schedule a FREE appointment with an attorney at any of the following Senior Centers:

<b>Brunswick Senior Center</b>	11am-2:00pm	301.834.8115
<b>Emmitsburg Senior Center</b>	10am-1:30pm	301.600.6350
<b>Frederick Senior Center</b>	9am-3:30pm	301.600.3525
<b>Urbana Senior Center</b>	10am-2:00pm	301.600.7020

- Name your Health Care Agent(s)- the person or persons who will make health care decisions for you
- Determine when your Agent's power becomes effective
- State your desire to have or to withhold life sustaining procedures if you are unable to give instructions regarding your care due to an end of life condition (incurable disease, terminal condition, persistent vegetative state, end stage condition or injury). This includes choice(s) of artificial nutrition and hydration and/or all available interventions.
- Customize with your personal instructions and statements.
- Choose pain relief to relieve pain and suffering.
- State your wishes regarding organ donation, or the donation of your body.
- State your desires and preferences regarding funeral and burial, cremation, memorial service, or other final instructions.

This event is sponsored by the Elder Law Section of the Maryland Bar Association and the Frederick County Department of Aging